Form 5500

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Ponsion Bonofit Guaranty Corporation

Annual Return/Report of Employee Benefit Plan

This form is required to be filed for employee benefit plans under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

> > Complete all entries in accordance with the instructions to the Form 5500.

OMB Nos. 1210-0110 1210-0089

2019

This Form is Open to Public

rension benefit Guaranty Corporation			Inspection					
Part I Annual Report	Identification Information							
For calendar plan year 2019 or f	iscal plan year beginning 01/01/201	19 and ending 12/31/2	019					
A This return/report is for:	X a multiemployer plan	a multiple-employer plan (Filers checking participating employer information in acco						
B This return/report is:	the first return/report	the final return/report						
	an amended return/report	a short plan year return/report (less than 1	2 months)					
C If the plan is a collectively-ba	rgained plan, check here		▶ 🛛					
D Check box if filing under:	X Form 5558	automatic extension	the DFVC program					
	special extension (enter description)							
Part II Basic Plan Info	rmation—enter all requested info	ormation						
1a Name of plan THE SUPPLEMENTAL SICKNE	1b Three-digit plan number (PN) ▶ 507							
			1c Effective date of plan 01/01/1979					
2a Plan sponsor's name (emplo Mailing address (include roc City or town, state or province	2b Employer Identification Number (EIN) 52-1036399							
NATIONAL CARRIERS' CONFE	2c Plan Sponsor's telephone number 571-336-7600							
251 - 18TH STREET, SOUTH, S ARLINGTON, VA 22202	2d Business code (see instructions) 482110							
Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.								
Under penalties of perjury and of	ther penalties set forth in the instruc	tions, I declare that I have examined this return/report,	including accompanying schedules,					

statements and attachments, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN HERE	Filed with authorized/valid electronic signature.	10/09/2020	BRENDAN M. BRANON
	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN HERE			
IILKE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor
SIGN HERE			
HEKE	Signature of DFE	Date	Enter name of individual signing as DFE

For Paperwork Reduction Act Notice, see the Instructions for Form 5500.

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3a	Plan administrator's name and address X Same as Plan Sponsor			3b Administrator's EIN		
				3c Administrat	or's telephone	
4	If the name and/or EIN of the plan sponsor or the plan name has changed sin			4b EIN		
а	enter the plan sponsor's name, EIN, the plan name and the plan number from Sponsor's name	n the last retu	rn/report:	4d PN		
С	Plan Name					
5	Total number of participants at the beginning of the plan year			5	1611	
6	Number of participants as of the end of the plan year unless otherwise stated 6a(2) , 6b , 6c , and 6d).	d (welfare plan	s complete only lines 6a(1),			
a(1) Total number of active participants at the beginning of the plan year			6a(1)	1611	
a(2) Total number of active participants at the end of the plan year			6a(2)	1523	
b	Retired or separated participants receiving benefits			6b		
С	Other retired or separated participants entitled to future benefits			6c		
d	Subtotal. Add lines 6a(2), 6b, and 6c.			6d	1523	
е	Deceased participants whose beneficiaries are receiving or are entitled to rec	ceive benefits.		6e		
f	Total. Add lines 6d and 6e			6f		
g	Number of participants with account balances as of the end of the plan year (complete this item)			6g		
h	Number of participants who terminated employment during the plan year with			<u>. </u>		
	less than 100% vested					
7	Enter the total number of employers obligated to contribute to the plan (only rather the plan provides pension benefits, enter the applicable pension feature contributes to the plan provides pension benefits, enter the applicable pension feature contributes to the plan (only rather the plan provides pension benefits, enter the applicable pension feature contributes to the plan (only rather the plan provides pension benefits, enter the applicable pension feature contributes to the plan (only rather the plan provides pension benefits, enter the applicable pension feature contributes to the plan (only rather the plan provides pension benefits).				21	
	If the plan provides welfare benefits, enter the applicable welfare feature code 4F Plan funding arrangement (check all that apply)	es from the Li		es in the instructio		
Ja	(1) Insurance	(1)	Insurance	іат арріу)		
	(2) Code section 412(e)(3) insurance contracts	(2)	Code section 412(e)(3)	insurance contra	cts	
	(3) Trust	(3)	Trust			
10	(4) General assets of the sponsor	(4)	General assets of the s	·	a inatructions)	
10	Check all applicable boxes in 10a and 10b to indicate which schedules are at	ttacned, and, v	where indicated, enter the num	iber attached. (Se	ee instructions)	
а	Pension Schedules		al Schedules			
	(1) R (Retirement Plan Information)	(1)	H (Financial Infor	,	,	
	(2) MB (Multiemployer Defined Benefit Plan and Certain Money	(2)	I (Financial Infor		an)	
	Purchase Plan Actuarial Information) - signed by the plan	(3)	X 1 A (Insurance Info			
	actuary	(4)	C (Service Provid	,		
	(3) SB (Single-Employer Defined Benefit Plan Actuarial	(5)	D (DFE/Participation	•	,	
	Information) - signed by the plan actuary	(6)	G (Financial Tran	nsaction Schedule	s)	

11c Enter the Receipt Confirmation Code for the 2019 Form M-1 annual report. If the plan was not required to file the 2019 Form M-1 annual report, enter the Receipt Confirmation Code for the most recent Form M-1 that was required to be filed under the Form M-1 filing requirements. (Failure to enter a valid Receipt Confirmation Code will subject the Form 5500 filing to rejection as incomplete.)

No

Receipt Confirmation Code_____

SCHEDULE A (Form 5500)

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Insurance Information

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA).

File as an attachment to Form 5500.

Insurance companies are required to provide the information pursuant to ERISA section 103(a)(2).

OMB No. 1210-0110

2019

This Form is Open to Public Inspection

		pursuant to	ERISA section 103(a)(Z).			Inspection	
For calendar plan year 20	19 or fiscal pla	an year beginning 01/01/2019		and er	nding 12/3	1/2019		
A Name of plan THE SUPPLEMENTAL S	ICKNESS BEI	NEFIT PLAN COVERING RAILE	ROAD YARDMASTER	C	ee-digit n number (PN	J) •	507	
C Plan sponsor's name as shown on line 2a of Form 5500 NATIONAL CARRIERS' CONFERENCE COMMITTEE					D Employer Identification Number (EIN) 52-1036399			
		rning Insurance Contra A. Individual contracts grouped						
1 Coverage Information:								
(a) Name of insurance ca TRUSTMARK INSURANC								
	(c) NAIC	(d) Contract or	(e) Approximate			Policy or co	ontract year	
(b) EIN	code	identification number	persons covere policy or cont		(f)	From	(g) To	
36-0792925	61425	BTL 9000	1	523	01/01/2019)	12/31/2019	
2 Insurance fee and com descending order of the		nation. Enter the total fees and t	otal commissions paid	List in line 3	the agents, I	brokers, and o	ther persons in	
(a) Total amount of commissions paid (b) Total amount of fees paid								
	0 0							
3 Persons receiving com		fees. (Complete as many entrie						
	(a) Name	and address of the agent, broke	er, or other person to w	hom commiss	sions or fees	were paid		
(b) Amount of sales a	nd base	F	ees and other commis	sions paid				
commissions pa		(c) Amount		(d) Purpos	se		(e) Organization code	
	(a) Name	and address of the agent, broke	er, or other person to w	hom commiss	sions or fees	were paid		
(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid								
(b) Amount of sales a	nd base	F	ees and other commis	sions paid				
commissions pa		(c) Amount		(d) Purpos	se		(e) Organization code	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid					
		Fees and other commissions paid	(e) Organization		
(b) Amount of sales and base commissions paid					
(a) Nar	ne and address of the agent, broker	, or other person to whom commissions or fees were paid			
		Fees and other commissions paid	(e)		
(b) Amount of sales and base commissions paid	(c) Amount	(d) Purpose	Organization code		
commodene para			0000		
(a) Nar	me and address of the agent, broker	r, or other person to whom commissions or fees were paid			
.,					
		Face and other commissions poid	(e)		
(b) Amount of sales and base	(c) Amount	Fees and other commissions paid (d) Purpose	Organization		
commissions paid	(-)	(-)	code		
(a) Nar	ne and address of the agent broker	r, or other person to whom commissions or fees were paid			
(a) (vai	ne and address of the agent, broker	, of dutel person to whom commissions of rees were paid			
(b) Amount of sales and base	(c) Amount	Fees and other commissions paid (d) Purpose	(e) Organization		
commissions paid	(c) Amount	(a) i dipose	code		
(a) Nor	no and address of the agent broker	or other person to whom commissions or face were paid			
(a) Nai	ne and address of the agent, broker	, or other person to whom commissions or fees were paid			
(b) Amount of sales and base		Fees and other commissions paid	(e) Organization		
commissions paid	(c) Amount	(d) Purpose	code		

F	Part				
		Where individual contracts are provided, the entire group of such indivithis report.	dual contracts with each car	rier may be treated as a unit	for purposes of
4	Curr	ent value of plan's interest under this contract in the general account at year	end	4	
		ent value of plan's interest under this contract in separate accounts at year er			
_		tracts With Allocated Funds:	•		
	а	State the basis of premium rates			
	b	Premiums paid to carrier		6b	
	С	Premiums due but unpaid at the end of the year		6c	
	d	If the carrier, service, or other organization incurred any specific costs in corretention of the contract or policy, enter amount.			
		Specify nature of costs			
	е	Type of contract: (1) individual policies (2) group deferred	d annuity		
		(3) other (specify)			
	f	If contract purchased, in whole or in part, to distribute benefits from a termin	ating plan, check here		
7	Con	tracts With Unallocated Funds (Do not include portions of these contracts ma	intained in separate account	s)	
	а	Type of contract: (1) deposit administration (2) immedia	te participation guarantee		
		(3) guaranteed investment (4) other			
		(,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,,			
	b	Balance at the end of the previous year		7b	
	C	Additions: (1) Contributions deposited during the year			
		(2) Dividends and credits	7c(2)		
		(3) Interest credited during the year	. 7c(3)		
		(4) Transferred from separate account	7c(4)		
		(5) Other (specify below)	7c(5)		
		>			
		(6)Total additions		7c(6)	0
	d	Total of balance and additions (add lines 7b and 7c(6))		— ·- ·	
		Deductions:			
	_		7e(1)		
		(2) Administration charge made by carrier	7e(2)		
		(3) Transferred to separate account	7e(3)		
		(4) Other (specify below)	7e(4)		
		,			
				7-/5	
	,	(5) Total deductions			0
	Ť	Balance at the end of the current year (subtract line 7e(5) from line 7d)		7f	

P	art	111	Welfare Benefit Contract Information one contract covers the same the information may be combined for report employees, the entire group of such individual to the contract of	group of emp	s if such contr	acts are expe	erience-rated as a unit	. Where c	ontracts	s cover individual
8	Ben	efit a	nd contract type (check all applicable boxes)							
	а	He	ealth (other than dental or vision)	b Denta	al	С	Vision		d	Life insurance
	е	X Te	emporary disability (accident and sickness)	f Long-	-term disability	/ g	Supplemental unemp	loyment	h∏	Prescription drug
	ιİ	St	op loss (large deductible)	і 🗖 нмо	contract	k∏	PPO contract		ıΠ	Indemnity contract
	m	_	ther (specify)	,						•
Ω.			ce-rated contracts:							
J			iums: (1) Amount received		Г	9a(1)		06770	_	
	а		ncrease (decrease) in amount due but unpai		-	9a(1)		967706 44106		
			ncrease (decrease) in unearned premium res			• • •		44100	,	
			Earned ((1) + (2) - (3))		_			9a(4)		1011812
	b	. ,	efit charges (1) Claims paid					79578	1	
			ncrease (decrease) in claim reserves					52940	6	
			ncurred claims (add (1) and (2))					9b(3)		848727
			Claims charged					9b(4)		
	С	Ren	nainder of premium: (1) Retention charges (n an accrual	l basis)		•			
			(A) Commissions			9c(1)(A)				
			(B) Administrative service or other fees			9c(1)(B)				
			(C) Other specific acquisition costs		<u> </u>	9c(1)(C)				
			(D) Other expenses			9c(1)(D)				
			(E) Taxes			9c(1)(E)		21419	9	
			(F) Charges for risks or other contingencies.		-	9c(1)(F)		10118	_	
			(G) Other retention charges		L	9c(1)(G)		11320	_	1 1 1 7 1 1
			(H) Total retention		_	_		9c(1)(H)	144745
	_1		Dividends or retroactive rate refunds. (These					9c(2)		
	d		tus of policyholder reserves at end of year: (1	,	•			9d(1)		
		` '	Claim reserves					9d(2)		272992
	е	` '	Other reservesdends or retroactive rate refunds due. (Do n					9d(3) 9e		
10			perience-rated contracts:	ot include an	nount entereu	III IIIIe 90(2).	.)	36		
	a		al premiums or subscription charges paid to	arrier				10a		
								104		
	b Sne	rete	e carrier, service, or other organization incur ntion of the contract or policy, other than rep					10b		
	Spe	rete	ntion of the contract or policy, other than repnature of costs.					10b		
Р	art	IV	Provision of Information							
11	Di	d the	insurance company fail to provide any inform	nation neces:	sary to comple	ete Schedule	A?	Yes	X No)
12	If t	he ar	nswer to line 11 is "Yes," specify the informat	ion not provi	ded.					

(Rev. September 2018)

Department of the Treasury Internal Revenue Service

Application for Extension of Time To File Certain Employee Plan Returns

► For Privacy Act and Paperwork Reduction Act Notice, see instructions. ► Go to www.irs.gov/Form5558 for the latest information.

OMB No. 1545-0212

File With IRS Only

Pá	art I Identification					
A	Name of filer, plan administrator, or plan sponsor (see instructions)	В	Filer's identi	fying numb	er (see iı	nstructions)
	WINTENNIA GIRRITERAL GOVERNOVA GOVERNOVA		Employer identific		IN) (9 digits	XX-XXXXXXX)
	NATIONAL CARRIERS' CONFERENCE COMMITTEE		52-1036	399		
	Number, street, and room or suite no. (If a P.O. box, see instructions) 251 - 18TH STREET, SOUTH, SUITE 750		Social security nu	ımber (SSN) (9 c	ligits XXX-X	(-XXXX)
	City or town, state, and ZIP code	1			g.1.5 7 0 0 1 7 0	
	ARLINGTON, VA 22202					
С	Plan name		Plan number		n year ei	nding -
			Hullibel	MM	DD	1111
	THE SUPPLEMENTAL SICKNESS BENEFIT PLAN COVERI		507	12	31	2019
Pa	art II Extension of Time To File Form 5500 Series, and/or Form 8955-	SSA				
1	Check this box if you are requesting an extension of time on line 2 to file the first Form	n 5500	series return/	report for th	e plan lis	ted
	in Part I, C above.					
2	I request an extension of time until 10/15/2020 to file Form 5	500 se	ries. See insti	ructions		
_	Note: A signature IS NOT required if you are requesting an extension to file Form 5500 series		1100. 000 11100	dottorio.		
	Note. A signature is NOT required if you are requesting an extension to life Form 5500 series	7 5.				
3	I request an extension of time until to file Form 8		SA. See instru	ctions.		
	Note: A signature IS NOT required if you are requesting an extension to file Form 8955-SSA	١.				
	The application is automatically approved to the date shown on line 2 and/or line 3 (above					
	due date of Form 5500 series, and/or Form 8955-SSA for which this extension is requested; later than the 15th day of the 3rd month after the normal due date.	; and (k) the date on	line 2 and/o	or line 3 (a	above) is not
	later than the 15th day of the ord month after the normal due date.					
Pa	art III Extension of Time To File Form 5330 (see instructions)					
4	I request an extension of time until to file Form 5					
	You may be approved for up to a 6-month extension to file Form 5330, after the normal due	date c	f Form 5330.			
	a Enter the Code section(s) imposing the tax			h		
	Enter the payment amount attached For excise taxes under section 4980 or 4980F of the Code, enter the reversion/amendment			b c		
5	State in detail why you need the extension:	duto				
Und	der penalties of perjury, I declare that to the best of my knowledge and belief, the statements r	nade o	n this form ar	e true, corre	ct, and c	omplete,
	that I am authorized to prepare this application.			,	, -	. ,
Sig	nature >		Date >			

Form 5500

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Annual Return/Report of Employee Benefit Plan

This form is required to be filed for employee benefit plans under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

➤ Complete all entries in accordance with the instructions to the Form 5500.

OMB Nos. 1210 - 0110 1210 - 0089

2019

This Form is Open to Public Inspection

Part I Annual Report Identification In	formation						
For calendar plan year 2019 or fiscal plan year begin	ning 01/01/	2019 and endin	g 12/31/2019				
A This return/report is for:	and the same		multiple-employer plan (Filers checking this box must attach a list of articipating employer information in accordance with the form instr.)				
B This return/report is: a single-employer the first return/rep an amended return	plan a th	articipating employer infor DFE (specify) ne final return/report short plan year return/rep	-	orm instr.)			
C If the plan is a collectively-bargained plan, check here	_	, , ,	▶ ⊠				
D Check box if filing under: X Form 5558 special extension	au	utomatic extension	the DFVC program				
Part II Basic Plan Information enter all r							
1a Name of plan 1b Three-digit THE SUPPLEMENTAL SICKNESS BENEFIT PLAN COVERING plan number (PN) ▶ 507 RAILROAD YARDMASTERS 1c Effective date of plan 01/01/1979							
Plan sponsor's name (employer, if for a single-employer pl Mailing address (include room, apt., suite no. and street, or			2b Employer Identification N 52-1036399	umber (EIN)			
City or town, state or province, country, and ZIP or foreign NATIONAL CARRIERS' CONFERENCE		,	2c Plan Sponsor's telephone number (571) 336-7600				
251 - 18TH STREET, SOUTH, SU	ITE 750		2d Business code (see instructions) 482110				
ARLINGTON VA	22202						
Caution: A penalty for the late or incomplete filing of t	his return/report will	be assessed unless rea	sonable cause is established.				
Under penalties of perjury and other penalties set forth in the instructions, I das the electronic version of this return/report, and to the best of my knowled			panying schedules, statements and attachi	ments, as well			
SIGN Brawdan M. Brawon	10/9/20		RANON				
Signature of plan administrator	Date 1	Enter name of individual	signing as plan administrator				
SIGN HERE							
Signature of employer/plan sponsor	Date	Enter name of individual	signing as employer or plan spo	onsor			
SIGN HERE							
Signature of DFE	Date	Enter name of individual	signing as DFE				

For Paperwork Reduction Act Notice, see the Instructions for Form 5500.

Form 5500 (2019) v. 190130

	Form 5500 (2019)	Pa	ige 2				
3a	Plan administrator's name and address 🛛 Same as Plan Sponsor		ator's EIN				
			3c Administr	Administrator's telephone number			
4	If the name and/or EIN of the plan sponsor or the plan name has change enter the plan sponsor's name, EIN, the plan name and the plan number	•	rt filed for this p	lan,	4b EIN		
а	Sponsor's name			İ	4d PN		
	Plan Name						
			<u> </u>		4 644		
<u>5</u>	Total number of participants at the beginning of the plan year			5	1,611		
6	Number of participants as of the end of the plan year unless otherwise	stated (welfare plans comple	te only lines				
а	6a(1), 6a(2), 6b, 6c, and 6d). (1) Total number of active participants at the beginning of the plan year		-	6a(1)	1,611		
	(2) Total number of active participants at the beginning of the plan year			6a(2)	1,523		
	Retired or separated participants receiving benefits			6b			
	Other retired or separated participants entitled to future benefits			6c			
	Subtotal. Add lines 6a(2), 6b, and 6c			6d	1,523		
	Deceased participants whose beneficiaries are receiving or are entitled		6e				
	Total. Add lines 6d and 6e		6f				
	Number of participants with account balances as of the end of the plan						
	complete this item)			6g			
h	Number of participants who terminated employment during the plan ye			.			
	less than 100% vested			6h			
7	Enter the total number of employers obligated to contribute to the plan this item)	. , , ,	•	7	21		
8a	If the plan provides pension benefits, enter the applicable pension feature			cs Cod	es in the instructions:		
b 4F	If the plan provides welfare benefits, enter the applicable welfare featur	e codes from the List of Plan	Characteristics	s Codes	s in the instructions:		
9a	Plan funding arrangement (check all that apply)	9b Plan benefit arrangen	nent (check all t	hat app	oly)		
	(1) X Insurance	(1) X Insurance					
	(2) Code section 412(e)(3) insurance contracts	1 ' H	n 412(e)(3) insu	rance c	contracts		
	(3) Trust	(3) Trust					
40	(4) General assets of the sponsor		ets of the spons				
10	Check all applicable boxes in 10a and 10b to indicate which schedules (See instructions)	are attached, and, where inc	licated, enter th	ie numl	ber attached.		
а	Pension Schedules	b General Schedules					
	(1) R (Retirement Plan Information)	(1) H	(Financial Info	rmatio	n)		
	(2) MB (Multiemployer Defined Benefit Plan and Certain Money	(2)	(Financial Info	rmatio	n - Small Plan)		
	Purchase Plan Actuarial Information) - signed by the plan	(3) X <u>1</u> A	(Insurance Inf		•		
	actuary	(4) C	(Service Provi		•		
	(3) SB (Single-Employer Defined Benefit Plan Actuarial	(5) D	-	-	an Information)		
	Information) - signed by the plan actuary	(6) ∐ G	(Financial Trai	nsactio	n Schedules)		

Part III Form M-1 Compliance Information (to be completed by welfare benefit plans)

11a If the plan provides welfare benefits, was the plan subject to the Form M-1 filing requirements during the plan year? (See instructions and 29 CFR 2520.101-2.) Yes No

If "Yes" is checked, complete lines 11b and 11c.

11b Is the plan currently in compliance with the Form M-1 filing requirements? (See instructions and 29 CFR 2520.101-2.)... Yes No

11c Enter the Receipt Confirmation Code for the 2019 Form M-1 annual report. If the plan was not required to file the 2019 Form M-1 annual report, enter the Receipt Confirmation Code for the most recent Form M-1 that was required to be filed under the Form M-1 filing requirements. (Failure to enter a valid Receipt Confirmation Code will subject the Form 5500 filing to rejection as incomplete.)

Receipt Confirmation Code ___