NATIONAL RAILWAY LABOR CONFERENCE

EMPLOYEE BENEFITS DEPARTMENT

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November 5, 2018

CONTINUED PARTICIPATION IN THE RAILROAD EMPLOYEES NATIONAL HEALTH AND WELFARE PLAN ("NH&W") NATIONAL RAILWAY CARRIERS and UNITED TRANSPORTATION UNION HEALTH & WELFARE PLAN ("NRC/UTU") EFFECTIVE JANUARY 1, 2019

CIRCULAR NO. 504-41-59 CIRCULAR NO. 843-1-29

TO: MEMBER ROADS AND OTHER PARTICIPATING RAILROADS

Our Circulars of the 504-41 and 843-1 series provide information about the continuation of The Railroad Employees National Health and Welfare Plan ("NH&W") and the National Railway Carriers and United Transportation Union ("NRC/UTU") Health and Welfare Plan and the applicable contract/premium/payment rates. The rates are the same for both Plans.

Attached are Exhibits providing details for rates effective January 1, 2019 based on December 2018 compensated service. Since employees who opt out of coverage must still be provided with life and AD&D insurance and on-duty injury coverage, Exhibit 1 on page 3 provides the rates to be applied to Qualifying Employees who elect medical coverage and Exhibit 2 on page 4 provides rates for those who opt out.

The 2019 monthly inflow factor has remained the same at \$6.96 per Qualifying Employee per month.

The cost to administer the health benefit continuation as required by COBRA is also included in the rates. UnitedHealthcare will send revised monthly report forms reflecting the new payment rates as described above.

The payment dates for the year 2019 are:

Payment Month	Due Date	Payment Month	Due Date
January	01/15/19	July	07/15/19
February	02/14/19	August	08/15/19
March	03/14/19	September	09/16/19
April	04/15/19	October	10/15/19
May	05/15/19	November	11/14/19
June	06/13/19	December	12/16/19

Late payment charges will accrue with respect to payments received after the payment dates listed above. When sending an EFT, your Monthly Payment Report form should be faxed to 860-702-5336, Attn: Sue Skidgel or emailed to susan_skidgel@uhc.com. Please note, any EFT received without a signed Monthly Payment Report form, or any Monthly Payment Report form received without payment, will not be processed. Wires must be received at JP Morgan Chase Bank no later than 3:00 pm eastern time on or before the Due Date or a late charge will apply.

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Most railroads make a single, aggregate, monthly payment that our collection agent (UnitedHealthcare) divides into contributions to the National Health and Welfare Plan, the NRC/UTU Plan, the Railroad Employees National Early Retirement Major Benefit Plan ("ERMA") and the Railroad Employees National Vision Plan. Note that the monthly payment dates for ERMA are the same as the due dates noted above for the health and welfare plans. The National Vision Plan Payment Due Date remains the last day of each month. Thus, a railroad making one aggregate monthly payment in connection with all four plans could choose instead to make two monthly payments: one in connection with the Health and Welfare Plan, ERMA and the NRC/UTU Plan by the payment dates specified above, and one for the Vision Plan by the last day of each month. Alternatively, the road could choose to continue to make a single aggregate monthly payment, but it would have to be made on or before the payment due date provided for that month.

David B. Marcus

DBM/sep Attachments

Exhibit 1

National Health and Welfare & NRC/UTU Plans 2019 Contract Rates and Payment Rates

Rates to be Applied to QEs Electing Medical Coverage (i.e., excluding opt outs)

All Rates Shown Are Monthly Rates per QE

National Health & Welfare & NRC/UTU Plans			
	2018 CY	2019 CY	% Change
Non-Hospital Association Railroad Employees			
Other Than On-Duty Injury Coverage (FO)			
Medical Contract Rate	\$1,671.04	\$1,708.80	2.3%
Amount Available From Trust	(120.83)	(135.11)	4 50/
Medical Payment Rate	\$1,550.21	\$1,573.69	1.5%
Life/AD&D Rate	\$12.30	\$12.30	0.0%
Total FO Payment Rate	\$1,562.51	\$1,585.99	1.5%
Employee On-Duty Injury Coverage (AO)			
Contract Rate	\$14.53	\$14.16	-2.5%
Amount Available From Trust	(0.79)	(1.06)	
Total AO Payment Rate	\$13.74	\$13.10	-4.7%
Total NHR Payment Rate			
Payment Rate (FO and AO benefits)	\$1,576.25	\$1,599.09	1.4%
Monthly Inflow Factor	\$6.96	\$6.96	0.0%
NRLC Administrative Fee	\$1.50	\$1.50	0.0%
Total NHR Payment Rate	\$1,584.71	\$1,607.55	1.4%
Hospital Association Railroad Employees	04 477 00	04 007 00	0.00/
Medical Contract Rate Amount Available From Trust	\$1,177.69	\$1,207.98	2.6%
Medical Payment Rate	(\$120.83) \$1,056.86	(\$135.11) \$1,072.87	1.5%
Life/AD&D Rate	\$12.30	\$12.30	0.0%
LIIE/AD&D Rate	Φ12.30	Φ12.30	0.0%
Total HR Payment Rate			W 9855W
Payment Rate (benefits)	\$1,069.16	\$1,085.17	1.5%
Monthly Inflow Factor	\$6.96	\$6.96	0.0%
NRLC Administrative Fee	\$1.50	\$1.50	0.0%
Total HR Payment Rate	\$1,077.62	\$1,093.63	1.5%
HR Rate Differential	\$493.35	\$500.82	1.5%
HR Dues Offset	\$493.18	\$500.65	1.5%

Exhibit 2

National Health and Welfare & NRC/UTU Plans 2019 Contract Rates and Payment Rates

Rates to be Applied to QEs Opting Out of Medical Coverage

All Rates Shown Are Monthly Rates per QE

	2018 CY	2019 CY
pital Association Railroad Employees		
D Rate		
Life/AD&D Rate	\$12.30	\$12.30
e On-Duty Injury Coverage		
Contract Rate	\$14.53	\$14.16
Amount Available From Trust	(\$0.79)	(\$1.06)
Total AO Payment Rate	\$13.74	\$13.10
R Payment Rate		
Life/AD&D and AO Payment Rate	\$26.04	\$25.40
NRLC Administrative Fee	\$1.50	\$1.50
Total NHR Payment Rate	\$27.54	\$26.90
Association Railroad Employees		
D Rate Life/AD&D Rate	\$12.30	\$12.30
Elic/ADab Nate	Ψ12.00	Ψ12.00
Payment Rate		
Life/AD&D Payment Rate	\$12.30	\$12.30
Elicit Dab Layment Nate	64.50	\$1.50
NRLC Administrative Fee	\$1.50	Ψ1.00

2019 Entry Fee ¹				
Item	Non-Hospital Association Railroad Per Q.E.	Hospital Association Railroad * Per Q.E.		
NEWLY COVERED GROUPS ² :				
For on-duty injuries	\$ 20.27	*		
For other benefits	<u>\$699.15</u>	<u>\$475.28</u>		
TOTAL	\$719.42	\$475.28		
ON TRANSFER FROM HOSPITAL ASSOCIATION TO NON-HOSPITAL ASSOCIATION BASIS OF COVERAGE:				
Employees at work ³ :				
For on-duty injury	\$ 28.74			
For other benefits	\$397.29			
Total	\$426.03			
Furloughed employees:				
Single Payment ⁴	\$414.96			
Monthly Payment ⁵	\$515.32			

- * These railroads provide treatment for on-duty injuries at their own expense. Their on-duty injuries cost is not reflected in the figures in this table.
- 1. References to the fee have been updated to reflect the fact that for many years it hasn't served to "pick up" Plan coverage of pre-existing conditions, coverage the Plan provides for all covered members whether or not the fee is paid.
- 2. Payable in relation to each employee in the group involved who in the aggregate rendered the requisite amount of compensated service or received the requisite amount of vacation pay in the month preceding the effective date of coverage.
- 3. Payable in relation to each employee in the group involved who in the aggregate rendered the requisite amount of compensated service or received the requisite amount of vacation pay in the month preceding the effective date.
- 4. Payable in relation to each furloughed employee who rendered compensated service in the fourth, third or second month preceding date of transfer, but not in the month of transfer.
- 5. Payable in relation to each furloughed employee who did not render compensated service in the month preceding date of transfer, for each month, commencing with the month in which the transfer takes place, through the fourth month following the last month prior to the transfer in which he worked.

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November 5, 2018

CONTINUED PARTICIPATION IN THE RAILROAD EMPLOYEES NATIONAL EARLY RETIREMENT MAJOR MEDICAL BENEFIT PLAN ("ERMA") EFFECTIVE JANUARY 1, 2019

CIRCULAR NO. 679-2-55

TO: MEMBER ROADS AND OTHER PARTICIPATING RAILROADS

Our Circulars of the 679-2 series provide information about the continuation of The Railroad Employees National Early Retirement Major Medical Benefit Plan ("ERMA"), and the applicable Payment Rates. The Payment Rates reflected in this Circular are effective January 1, 2019 and are intended to be in effect the full 2019 calendar year.

The Early Retirement Major Medical Benefit Plan is separate and distinct from The Railroad Employees National Health and Welfare Plan and the National Railway Carriers and United Transportation Union Health & Welfare Plan and the remittances to UnitedHealthcare with respect to the plans are identified separately. However, remittances under ERMA are calculated on exactly the same per employee per month basis as under the combined health and welfare plans which include those Qualifying Employees who have opted out. (Note that railroads reporting Canadian employees will receive separate notice of applicable rates.)

For 2019, the Payment Rates for ERMA reflect a **4.8%** decrease when compared to 2018. The new *Employer Payment Rate* per qualifying employee per month for Non-Hospital Roads is **\$129.38**, and for Hospital Roads **\$68.30**. The Hospital Association dues offset will be **\$61.08** per employee per month.

The ERMA payment will be due the same date as the health and welfare plan payments.

The payment dates for the year 2019 are:

Payment Month	Due Date	Payment Month	Due Date
January	01/15/19	July	07/15/19
February	02/14/19	August	08/15/19
March	03/14/19	September	09/16/19
April	04/15/19	October	10/15/19
May	05/15/19	November	11/14/19
June	06/13/19	December	12/16/19

The 2019 Entry Fee for groups transferring from Hospital Association to Non-Hospital Association coverage is **\$183.24** per active employee. Note that references to the fee have been updated to reflect the fact that for many years it hasn't served to "pick up" Plan coverage of pre-existing conditions, coverage the Plan provides for all covered members whether or not the fee is paid.

UnitedHealthcare will send revised monthly report forms reflecting the new payment schedule. Attached is a table providing details.

David B. Marcus

National Early Retirement Major Medical Benefit Plan (ERMA) 2019 Payment Rates

Rates to be applied to Total QEs (including opt outs) All Rates Shown Are Monthly Rates per Qualified Employee (QE)			
Non-Hospital Association Railroad Employees			
Payment Rate	\$135.96	\$129.38	-4.8%
Hospital Association Railroad Employees Payment Rate	\$ 71.77	\$ 68.30	-4.8%
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HR Dues Offset	\$ 64.19	\$ 61.08	-4.8%

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November 5, 2018

CONTINUED PARTICIPATION IN THE RAILROAD EMPLOYEES NATIONAL DENTAL PLAN (GP-12000) EFFECTIVE JANUARY 1, 2019

CIRCULAR NO. 636-14-43

TO: MEMBER ROADS AND OTHER PARTICIPATING RAILROADS

Our Circulars of the 636-14 series provide information about the continuation of the Railroad Employees National Dental Plan administered by Aetna and the Contract and Payment Rates.

The Payment Rates reflected in this Circular are effective January 1, 2019 for the full 2019 calendar year. The current basic Contract Rate of \$66.57 per employee per month will increase to \$66.95 but the Payment Rate will continue at \$63.67. Included in the Contract and Payment Rate are \$.04 per employee per month to fund administration of dental benefit continuation as required by COBRA and a \$.55 per employee per month NRLC administrative services fee. Attached is a table providing Contract and Payment Rate details.

The payment dates for the year 2019 are the same as for the Health & Welfare Plans and are:

Payment Month	Due Date	Payment Month	Due Date
January	01/15/19	July	07/15/19
February	02/14/19	August	08/15/19
March	03/14/19	September	09/16/19
April	04/15/19	October	10/15/19
May	05/15/19	November	11/14/19
June	06/13/19	December	12/16/19

The January statement will show contributions due January 15, 2019 for compensated service rendered in December 2018. Payments *must be posted on or before the Due Dates shown above or late penalties will be charged.* Aetna will send participating railroads billing statements which reflect the monthly Due Dates.

Employers with Canadian employees will continue to report them with a separate account number and will receive payment rate information in a separate mailing.

David B. Marcus

DBM/sep Attachment

2018 vs. 2019 Contract and Payment Rates Railroad Employees National Dental Plan

2018 Monthly Rates

Contract Rate*	\$66.63
Offset Due to Reserves	-3.51
Administrative Services Fee	<u>+ .55</u>
Payment Rate	\$63.67

2019 Monthly Rates

Contract Rate	\$66.95
Offset Due to Reserves	-3.83
Administrative Services Fee	+ .55
Payment Rate	\$63.67

^{*} Contract Rates include COBRA Administration Fee of \$0.04 per employee per month.

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CONTINUED PARTICIPATION IN THE SUPPLEMENTAL SICKNESS BENEFIT PLAN COVERING SHOP CRAFT EMPLOYEES EFFECTIVE JANUARY 1, 2019

CIRCULAR NO. 592-24-82

TO: MEMBER ROADS AND OTHER PARTICIPATING RAILROADS

Our Circulars of the 592-24 series provide information about the continuation of the above referenced Supplemental Sickness Benefit Plan.

The Payment Rates reflected in this Circular are effective January 1, 2019 and will be in effect the full 2019 calendar year.

The employer contribution due by **January 15, 2019** based on December 2018 compensated service will decrease 10.1% over the 2018 payment rate of \$75.48. The 2019 Payment Rate will be **\$67.87** which includes \$.18 per employee per month for administrative services performed by the NRLC.

Remember that payments must be posted by Aetna on or before the 15th of the month. There is a 10 calendar day grace period, but if payments are not posted by the 25th of the month, late fees are calculated retroactively to the 15th.

The payment rate for Canadian employees is also \$67.87. Any employer reporting Canadian employees should continue to report the number of employees separately.

You will receive payment instructions for 2019 by mid-December directly from Aetna or its successor.

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November 5, 2018

CONTINUED PARTICIPATION IN THE SUPPLEMENTAL SICKNESS BENEFIT PLAN COVERING SIGNAL EMPLOYEES EFFECTIVE JANUARY 1, 2019

CIRCULAR NO. 592-24-83

TO: MEMBER ROADS AND OTHER PARTICIPATING RAILROADS

Our Circulars of the 592-24 series provide information about the continuation of the above referenced Supplemental Sickness Benefit Plan.

The Payment Rates reflected in this Circular are effective January 1, 2019 and will be in effect the full 2019 calendar year. The employer contribution due by **January 15, 2019** based on December 2018 compensated service will decrease 6.8% over the 2018 payment rate of \$44.34. The 2019 Payment Rate will be **\$41.32** which includes \$.18 per employee per month for administrative services performed by the NRLC.

Remember that payments must be posted by Aetna on or before the 15th of the month. There is a 10 calendar day grace period, but if payments are not posted by the 25th of the month, late fees are calculated retroactively to the 15th.

The Payment Rate for Canadian employees is also \$41.32. Any employer reporting Canadian employees should continue to report the number of employees separately.

You will receive payment instructions for 2019 by mid-December directly from Aetna or their successor.

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November 5, 2018

CONTINUED PARTICIPATION IN THE SUPPLEMENTAL SICKNESS BENEFIT PLAN COVERING MAINTENANCE OF WAY EMPLOYEES EFFECTIVE JANUARY 1, 2019

CIRCULAR NO. 597-20-42

TO: MEMBER ROADS AND OTHER PARTICIPATING RAILROADS

Our Circulars of the 597-20 series provide information about the continuation of the above referenced Supplemental Sickness Benefit Plan.

The Payment Rates reflected in this Circular are effective January 1, 2019 and will be in effect the full 2019 calendar year. The employer contribution due by **January 15, 2019** based on December 2018 compensated service will decrease 13.2% over the 2018 rate of \$51.63. The 2019 Payment Rate will be **\$44.82** which includes \$.18 per employee per month for administrative services performed by the NRLC.

Remember that payments must be posted by Aetna on or before the 15th of the month. There is a 10 calendar day grace period, but if payments are not posted by the 25th of the month, late fees are calculated retroactively to the 15th.

The Payment Rate for Canadian employees will also be **\$44.82**. Any employer reporting Canadian employees should continue to report the number of employees separately.

You will receive payment instructions for 2019 by mid-December directly from Aetna or their successor.

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CONTINUED PARTICIPATION IN THE SUPPLEMENTAL SICKNESS BENEFIT PLAN COVERING YARDMASTER EMPLOYEES **EFFECTIVE JANUARY 1, 2019**

CIRCULAR NO. 692-4-38

TO: MEMBER ROADS AND OTHER PARTICIPATING RAILROADS

Our Circulars of the 692-4 series provide information about the continuation of Group Policy 9000 of the Trustmark Insurance Company and the Premium/Payment Rates.

The Payment Rates reflected in this Circular are effective January 1, 2019 and will be in effect the full 2019 calendar year. The new employer premium due by **January 15, 2019** based on December 2018 compensated service will increase 33.7% over the 2018 payment rate of \$34.22. The 2019 Payment Rate will be \$45.75 which includes \$.18 per employee per month for administrative services performed by the NRLC.

Remember that payments must be posted by Trustmark on or before the 15th of the month. There is a 10 calendar day grace period, but if payments are not posted by the 25th of the month, late fees are calculated retroactively to the 15th.

Trustmark will be sending each road a supply of the Monthly Payment Report Forms reflecting the new payment rate.

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November 5, 2018

CONTINUED PARTICIPATION IN THE RAILROAD EMPLOYEES NATIONAL VISION PLAN EFFECTIVE JANUARY 1, 2019

CIRCULAR NO. 825-5-27

TO: MEMBER ROADS AND ALL OTHER PARTICIPATING RAILROADS

Our Circulars of the 825-5 series provide information about the continuation of the Railroad Employees National Vision Plan which is insured by EyeMed Vision Care and forwards the Premium/Payment Rates for the Plan each year.

As a reminder, the National Vision Plan is a fully insured plan. Therefore, although (like the National Dental Plan) there is a requirement that new employees complete a year of service to be eligible, unlike the National Dental Plan, *Carriers are not required to pay a premium during the one year waiting period.*

The Payment Rates reflected in this Circular are effective January 1, 2019 and will be in effect the full 2019 calendar year. The Premium Rate for 2019 is unchanged from 2018 and will be **\$8.16** plus the NRLC Administrative Fee of \$.28 for a **Payment Rate of \$8.44** per employee per month. You will pay **\$8.44** per employee per month only for those employees who have rendered the Requisite Amount of Compensated Service and/or received Vacation Pay and who have completed the one year service requirement.

As indicated in Circular 504-41-59, dated this same date, premium payments for the Vision Plan are made to UnitedHealthcare and may be made separately by the last day of the month or aggregated along with the health and welfare plans' contributions being paid on the earlier due dates noted below.

Payment Month	Due Date	Payment Month	Due Date
January	01/15/19	July	07/15/19
February	02/14/19	August	08/15/19
March	03/14/19	September	09/16/19
April	04/15/19	October	10/15/19
May	05/15/19	November	11/14/19
June	06/13/19	December	12/16/19

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